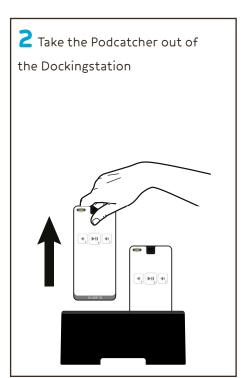


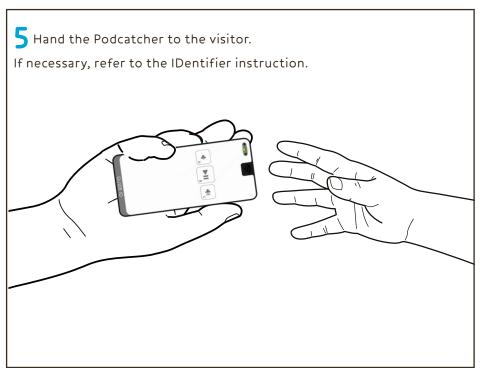
1 Find a Podcatcher whose green light is constantly lit. (If the yellow light is blinking you can still hand it out, but the last sync was more then 24 hours ago).

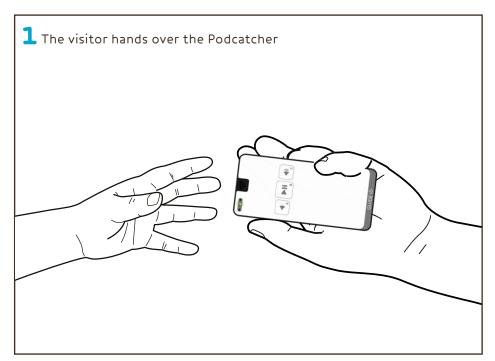


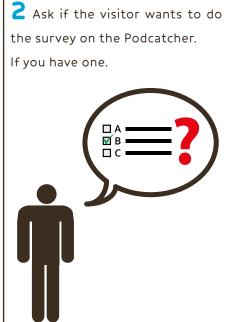


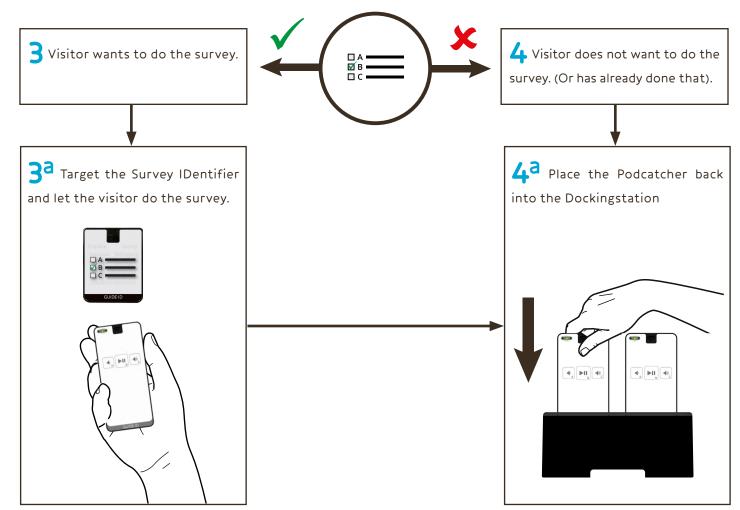












Handout on first page